The first major competition featuring the new refereeing rules offered a great spectacle to the public present at the Suwon Gymnasium for the IJF World Masters Suwon 2010.

Great Judo and new Stars - Day 1

Over 50% of the fights finished by ippon, with a bunch of different techniques, at the end of the first day, four gold for Japan in the female categories, while in the men’s divisions, Uzbekistan, Mongolia and Korea had one gold each. Nine out of 13 participating nations finished with medals this Saturday. Competition continues on Sunday with 70kg, 78kg, +78kg, 81kg, 90kg, 100kg and +100kg.

“I am very happy with what I saw today. In seven finals, five ended with beautiful ippons. In such a competition, with athletes in the same level and countries with two judoka fighting each other, it is always more difficult to have ippons. And we also got lots of different techniques even in combats with didn’t end with the higher score”, says IJF Refereeing Director Mr. Juan Carlos Barcos, adding some interesting numbers: only three hansokumake (disqualification) for leg grabbing and no hantei (decision of the judges) at all. “We also saw Mongolia and Uzbekistan, two countries which traditionally used a lot of under the belt techniques, going for gold. That proofs that nothing changes if you do judo”, adds Mr. Barcos.

Only two World Ranking Leaders managed to keep their crown: Misato Nakamura (52kg, JPN) and Yoshie Ueno (63kg, JPN). Haruna Asami (48kg, JPN), coming from the 9th place, won her category, while among the men Mongolia saw a new athlete on the top of the 66kg division: Sanjaasuren Miragchaa, coming from a “modest” 11th place in the ranking, while world ranking leader and world champion Hashbaatar Tsagaanbaatar was only fifth. Rishod Sobirov (60kg, UZB), 7th in the WRL, finished first and in the 57kg category, the glory of the World Masters title was for Kaori Matsumoto (JPN). The home crowd cheered for the 73kg judoka, but may be not the one they expected. With “super champion” 2009 Kiyuma Wang out (finishing fifth), the task to step high on the podium was accomplished by Gui-Man Bang.

Day 2

Last day of competition in Suwon for the Judo World Masters saw another beautiful sequence of ippons and “old” and “new” judoka crowned “masters of judo”. If the Japanese women were unbeatable on Saturday, first day of competition in Korea winning all four gold under contest (48kg, 52kg, 57kg, 63kg), on Sunday the Japanese anthem was not heard in the female divisions. Experienced Celine Lebrun (FRA) proofed once again to be ahead in the 78kg category as she took gold and confirmed the first place in the World Ranking List. In the absence of Tong Wen (CHN), another Chinese took the honor in the highest step of the podium in the Female Heavy-Weight: Qian Qin. In the 70kg division, gold for Ye-Sul Hwang (KOR).

Overall in the two days were around 80% of the contests finishing by ippon or wazari. Only three athletes were disqualified by leg grabbing (hansoku-make) and for the first time in years that no fight was decides by the judges (flag decision, hankie) in a major IJF competition. The World Masters in Suwon shared US$ 200,000.00 prize money and world ranking points •
World Judo Masters Suwon • 16 and 17/01/2010

WOMEN’S FINALS

-57kg
MATSUZOTO, Kaori (JPN) - UDAKA, Nae (JPN)

-63kg
LEBRUN, Celine (FRA) - JEONG, Gyong-Mi (KOR)

-70kg
HWANG, Ye-sul (KOR) - KUNIHarA, Yoriko (JPN)

-78kg
ASAMI, Haruna (JPN) - KONDO, Kaori (JPN)

-52kg
NAKAMURA, Misato (JPN) - GOMEZ, Laura (ESP)

-48kg
-63kg
JUNO, Yoshie (JPN) - KONG, Ja-young (KOR)

+78kg
QIN, Qian (CHN) - KIM, Na-Young (KOR)

p.66 - IJF JUDO Magazine

MATSUMOTO, Kaori (JPN) - UDAKA, Nae (JPN)
The big crowd in Bercy had lots to cheer for in two great days of combats for the IJF Paris Grand Slam. Out of 226 fights, 132 ended with ippon (58%) in the male divisions, while out of 142 combats, 91 finished with ippon (64%). Seven contests were decided by hansokumake due to leg grabbing. A total of 19 countries (out of 55) won medals.

During the day, IJF President, Mr Marius Vizer, awarded former professional tennis champion, Ilie Nastase, with the title of Ambassador of Judo. Same happening with 1980 Olympic Champion Robert van der Walle, from Belgium.

“They are important personalities all over the world. Their task will be to promote judo among businessmen, politicians, public, media in order to make our sport even more popular”, says IJF President.

In a great day for judo, a variety of feelings was in the air. Sunday provided unforgettable moments of joy for the French as their biggest star was crowned again: Teddy Riner, only 20 years old, won his third consecutive title in the heavy weights at the IJF Paris Grand Slam.

In the female categories, Akari Ogata (78kg) got the fourth gold for the Japanese female team, while Russia was on the top with Elena Ivaschenko in the heavy weight...
Musicians:

Judo Grand Slam Paris 2010 • 06/02/2010 to 07/02/2010

MEN'S FINALS

-81kg
GUILHEIRO, Leandro (BRA) - TSIKLauri, Levan (GEO)

+100kg
RINER, Teddy (FRA) - VUIJSTERS, Grimm (NED)

-73kg
WANG, Ki-Chun (KOR) - AKIMOTO, Hiroyuki (JPN)

-90kg
ONo, Soshiti (JPN) - CHORIEV, Dilshod (UZB)

-60kg
ASUMBANI, David (GEO) - SOBIROV, Rishod (UZB)

-66kg
KIM, Joo-Jin (KOR) - SANGGAESUREN, Miaragchaa (MGL)

-100kg
VAN DER GLEST, Elco (BEL)
SAMOYLOVICH, Sergey (RUS)

-W60kg
Judo Grand Slam Paris 2010 • 06/02/2010 to 07/02/2010

**WOMEN’S FINALS**

-63kg
EMANE, Gevrise (FRA) - EMDEN, Anicka (NED)

-78kg
OGATA, Akari (JPN) - ANAI, Sayaka (JPN)

-70kg
DECOSSE, Lucie (FRA) - MESZAROS, Anett (HUN)

-57kg
MAKUMOTO, Akari (JPN) - RIBOUT, Morgane (FRA)

-52kg
NAKAMURA, Misato (JPN) - CARRASCOSA, Ana (ESP)

-52kg
DECOSSE, Lucie (FRA) - MESZAROS, Anett (HUN)

-48kg
YAMAGISHI, Emi (JPN) - JOSSINET, Frederique (FRA)
**Results Men**

**-68 kg**
1. ASUMBANI, David GEO
2. SOBIROV, Rishod UZB
3. DRAGIN, Dimitri FRA
4. MILOUS, Sofiane FRA
5. BURJAN, Laszlo HUN
5. DAVAADORJ, Tumurkhuleg MGL
5. JANG, Jin-Min KOR
5. BOLDILOV, Oksana EUR

**-73 kg**
1. KIM, Joo-Jin KOR
2. SANJAASUREN, Mérioch MGL
3. HASHBAATAR, Tsagaanbaatar MGL
5. KIM, Jong-Wan KOR
5. KHEMAT, Corenclo FRA
5. SANTOS, Lucas BRA

**-81 kg**
1. GUILHEIRO, Leandro BRA
2. TSIKLAURI, Levan GEO
3. JEANNIN, Antoine FRA
5. DARBELET, Benjamin FRA
5. LEGRAND, Ugo FRA
5. TRUDOV, Marcel MDA

**-90 kg**
1. ONO, Takashi JPN
2. CHORIEV, Dilshod UZB
3. BENIKHLEF, Amar ALG
3. CAMILO, Tiago BRA
5. ATTAF, Safouane MAR
5. GERASIMENKO, Dmitry RUS
5. NISHIYAMA, Masashi JPN
5. PURSSEY, Matthew GBR

**-100 kg**
1. GUILHEIRO, Leandro BRA
2. TSIKLAURI, Levan GEO
3. JEANNIN, Antoine FRA
3. STEVEN, Blaise AZE
5. RANJEN, Dusan MDA
5. BOLDILOV, Oksana EUR

**+100 kg**
1. RINER, Teddy FRA
2. CHIKHROUHOU, Nihel TUN
3. KIM, Sung-Min KOR
3. ORTIZ, Idalis CUB
5. BRYANT, Karina GBR
5. MKHITARYAN, Anaid RUS
5. OKOLOFF, Rosalina FRA

**Results Women**

**-52 kg**
1. NAKAMURA, Misato JPN
2. CARRASCOSA, Ana ESP
3. HEYLEN, Ilse BEL
3. MOUSA, Meryem ALG
5. HADDAD, Sana ALG
5. KUZYUTINA, Natalia RUS
5. MIRANDA, Erika BRA
5. MENEZES, Sarah BRA

**-57 kg**
1. MATSUMOTO, Kaori JPN
2. RIBOUT, Morgane FRA
3. VIEJOS, Hendie HUN
3. KUZYUTINA, Natalia RUS
5. JULIETTE, Lucie FRA
5. KUNG, Ju-Young KOR
5. KO, Wang JPN

**-63 kg**
1. EMANE, Sarah FRA
2. CRUCANA, Aniva GBR
3. KUNIHARA, Yoriko JPN
5. JULIETTE, Lucie FRA
5. KUNG, Ju-Young KOR
5. KO, Wang JPN

**-70 kg**
1. OLEKSEU, Lucie FRA
2. ANTOULO, Sarah FRA
3. REMMERS, Anneleen BEL
3. LAMBERT, Manon FRA
5. JULIETTE, Lucie FRA
5. KUNG, Ju-Young KOR
5. KIM, Na-Young KOR

**-78 kg**
1. OGATA, Akari JPN
2. ANAI, Sayaka JPN
3. LEVIN, Céline FRA
3. LOURENÇO, Lara ITA
5. MALZAHN, Luise GER
5. POSSAMAI, Stephane FRA
5. TCHIEUM, Audrey FRA
5. WOLLERT, Heidi GER

**+78 kg**
1. IVASHCHENKO, Elena RUS
2. CHAPUY, Hélène FRA
3. HUM, Na-Young KOR
3. KHALI, Mariam EGY
5. BRYNT, Karine JPN
5. DRAFANTS, Axelia FRA
5. TANGORIE, Louriza ITA
Germany • 20/02/2010 to 21/02/2010

With tickets sold out for both Saturday and Sunday, the Phillips Halle was a cheerful place to celebrate beautiful ippons which crowned the comeback to the podium of some athletes like Olympic bronze medalist Soraya Haddad (ALG, gold 52kg) and world silver medalist Telma Monteiro (POR, silver 57kg), after experiencing a period out of the tatami and far from the medals. For the home crowd, however, the highest moment was the gold won by Claudia Malzahn in the 63kg. After some months away from the judogi due to a knee injury, the 26-year old made the German National Anthem play again in an international competition in the country after four years (last time was in 2006 with Heide Wollert in Hamburg in the 70kg). There was also another gold for Germany, with Heide Wollert reigning among the 78kg women.

"The crowd here made me feel stronger. I hope on the second day my teammates follow me to win!”, said Matthaus. "With the new judo rules, the sport is even cleaner”, he adds.

It was the third gold for Wollert in a home international tournament. The previous victories were in 2005 and 2006, when she was still competing in the 70kg division. For El Shehaby, the tanizotoshi ippon in the final made him beat the Olympic champion 2004, Keiji Suzuki.

"Everything went wonderfully for me. I have lost to Suzuki in the past two competitions we met in the last months after start ahead in the score. I have been studying hard his technique. And in Germany this time I made no mistake and managed to win. I think I am fighting well with Japanese judoka”, said El Shehaby, who in the Vienna World Cup a week before beat two Japanese judoka in his way for bronze.

For Japanese Takamasa Anai, the Grand Prix confirmed his comfortable first position in the IJF World Ranking List:

"I really wanted to win in Germany and that’s why I went for ippon in every fight”, said the Japanese star.

The Grand Prix Düsseldorf shared US$ 100.000 prize money to the medalists, as well as world ranking points.

"We lived a dream weekend in Düsseldorf, with all the seats at the sports hall sold out. We can already say that next year Grand Prix will take place in the same dates and we look forward to it”, said the President of the German Judo Federation, Mr. Peter Frese.

Reported by Manoela Penna, IJF Media Director
**MEN'S FINALS**

- **81 kg**
  - KIM, Jae-Bum (KOR)
  - BURTON, Euan (GBR)

- **60 kg**
  - ZANTARAIA, Georgii (UKR)
  - HIRAOKA, Hiroaki (JPN)

- **90 kg**
  - KIM, Jae-Bum (KOR)
  - BURTON, Euan (GBR)

- **66 kg**
  - HASHBAATAR, Tsagaanbaatar (MGL)
  - AN, Jeong-Hwan (KOR)

- **-100 kg**
  - NYAM-OCHIR, Sanjargal (MGL)
  - GURTUEV, Ulan (RUS)

- **-73 kg**
  - YOSHIDA, Yuya (JPN)
  - KHURSHID, Nabiev (UZB)

- **-66 kg**
  - EL SHEHABY, Islam (EGY)
  - SUZUKI, Keiji (JPN)

- **-81 kg**
  - ZANTARAIA, Georgii (UKR)
  - HIRAOKA, Hiroaki (JPN)

- **-90 kg**
  - KIM, Jae-Bum (KOR)
  - BURTON, Euan (GBR)

- **-60 kg**
  - ZANTARAIA, Georgii (UKR)
  - HIRAOKA, Hiroaki (JPN)

- **+100 kg**
  - NYAM-OCHIR, Sanjargal (MGL)
  - GURTUEV, Ulan (RUS)

- **-73 kg**
  - YOSHIDA, Yuya (JPN)
  - KHURSHID, Nabiev (UZB)

- **-66 kg**
  - EL SHEHABY, Islam (EGY)
  - SUZUKI, Keiji (JPN)

- **-81 kg**
  - ZANTARAIA, Georgii (UKR)
  - HIRAOKA, Hiroaki (JPN)

- **-90 kg**
  - KIM, Jae-Bum (KOR)
  - BURTON, Euan (GBR)

- **-60 kg**
  - ZANTARAIA, Georgii (UKR)
  - HIRAOKA, Hiroaki (JPN)
Grand Prix Düsseldorf 2010 • 20/02/2010 to 21/02/2010

WOMEN'S FINALS

-57kg
MATSUMOTO, Kaori (JPN) - MONTEIRO, Telma (POR)

-63kg
MAIZAHN, Claudia (GER) - EMDEN, Anicka (NED)

-48kg
FUKUMI, Tomoko (JPN) - ASAMI, Haruna (JPN)

+78kg
TACHIMOTO, Megumi (JPN) - BISSENI, Eva (FRA)

-78kg
WOLLERT, Heste (GER) - SATO, Ruika (JPN)

-70kg
WATANABE, Mina (JPN) - KUNIHARA, Yoriko (JPN)

-52kg
HADDAD, Soraya (ALG) - RAMOS, Joana (POR)

-70kg
TACHIMOTO, Megumi (JPN) - BISSENI, Eva (FRA)

-78kg
WOLLERT, Heste (GER) - SATO, Ruika (JPN)

-52kg
HADDAD, Soraya (ALG) - RAMOS, Joana (POR)

p.82 - IJF JUDO Magazine

p.83 - IJF JUDO Magazine
**RESULTS MEN**

- **-66 kg**
  1. HASHBAATAR, Tsagaanbaatar
  2. AN, Jeong-Hwan
  3. DRAXSIC, Rok
  5. FASIE, Dan

- **-73 kg**
  1. NYAM-OCHIR, Sainjargal
  2. GURTUEV, Ulan
  3. JURAKOBILOV, Navruz
  5. BAGHDASARYAN, Artyom

- **-81 kg**
  1. KIM, Jae-Bum
  2. BURTON, Euan
  3. KRAWCZYK, Robert
  5. ATTAF, Safouane

- **-90 kg**
  1. YOSHIDA, Yuya
  2. KHURSHID, Nabiev
  3. BOLAT, Timur
  5. DE LA CROES, Marvin

- **-100 kg**
  1. ANAI, Takamasa
  2. KRPALEK, Lukas
  3. CORREA, Luciano
  5. BEHR, Benjamin

- **+100 kg**
  1. EL SHEHABY, Islam
  2. SUZUKI, Keiji
  3. KHANJALIASHVILI, Zviadi
  5. CHEDLY, Anis

**RESULTS WOMEN**

- **-48 kg**
  1. FUKUMI, Tomoko
  2. ASAMI, Haruna
  3. DUMITRU, Alina
  5. BASCHIN, Michaela

- **-52 kg**
  1. HADDAD, Soraya
  2. RAMOS, Joana
  3. HEYLEN, Ilse
  5. BRAVIK, Kitty

- **-57 kg**
  1. MATSUMOTO, Kaori
  2. MONTEIRO, Telma
  3. CAPRIORIU, Corina
  5. HAREL, Barbara

- **-63 kg**
  1. MALIZHA, Mina
  2. HARRISON, Kayla
  3. GARAVELLI, Tatiana
  5. GUGUISHVILI, David

- **-70 kg**
  1. WATANABE, Mina
  2. KUNIHARA, Yoriko
  3. SRAKA, Rasa
  5. BARBIERI, Erica

- **-78 kg**
  1. WOLLERT, Heide
  2. SATO, Ruika
  3. KAZANTSEVA, Natalia
  5. AGUIAR, Mayra

- **+78 kg**
  1. TACHIMOTO, Megumi
  2. BISSENI, Eva
  3. KONITZ, Franziska
  5. ALTHAMAM, Maria

---

**JUDO GRAND PRIX**

**DUSSeldorf 2010 - GER**

**MONTEIRO, Telma (POR) -57 kg**
She has just graduated in journalism, with specialization in TV production. Although she is always coming and going from training camps and competition, she admits to fearing something: «I really don’t like planes». Her hobbies are to discover new countries and cultures (and despite not liking airplanes, she still travels every time she is on holiday). Her favourite rhythms are soul, reggae and funk, and Decosce listens to music all the time when she is at home or driving her car.

The defeat in the World Championships in Rotterdam multiplied my will to win a world title in the new category. And definitely I will go for it in 2010.

Interviews
Lucie Decosce

He graduated in Sports Studies in the Tenri University, in Japan, where he still practices judo. Although he cannot see himself without judogi, in the little free time he has Anai enjoys going shopping, playing Radcliffe Dragon Age and singing Enka, a Japanese music style which combines traditional Japanese songs with occidental melody.

Takamasa Anai (JPN)

Date of birth: 6 AUG 1981
Country: Japan
Career Highlights
2002 – World Junior Champion
2006/2008 – Jigoro Kano Cup Champion
2009 – 3rd Place World Senior Championships Rotterdam
2010 – 2nd Place IJF Tokyo Grand Slam
2010 – Grand Prix Düsseldorf Champion

Worlds in September: «
Manoela Penna, UJF Media Director

Date of birth: 5 AUG 1984
Country: Japan
Career Highlights
2002 – World Junior Champion
2006/2008 – Jigoro Kano Cup Champion
2009 – 3rd Place World Senior Championships Rotterdam
2009 – 3rd Place Tokyo Grand Slam
2010 – Grand Prix Düsseldorf Champion

IJF Masters Bronze Medal – Sowon

«I hope to be able to become world champion in Tokyo later this year and to win the Olympic gold medal in London 2012. This is not my dream, but my goal», Anai concludes. «I am the kind of person who becomes more exited to fight at home. And I hope to be a hero in my people in the next
Interviews
Alina Dumitru (ROU)

Aged 27, Alina Dumitru, Olympic Champion in Beijing, focuses every day on the sole goal that she has not achieved yet: a golden medal at the Judo World Championships. After returning on the tatami at the beginning of 2010, following her serious injury from last year’s World Championships in Rotterdam, Dumitru restarted her work in order to get back into the shape that consecrated her at the Beijing Olympic Games.

Date of birth: 6 AUG 1981
Category: 70kg
Country: France
Career Highlights
2005 - World Champion (63kg)
2007 - World Silver Medalist (63kg)
2008 - Olympic Silver Medalist (63kg)
2008 - Jigoro Kano Cup / IJF Grand Slam champion
2001-04-06-08-09-10 - Tournoi de Paris / IJF Grand Slam champion 2010
IJF Masters Bronze Medal - Suwon

The Romanian spoke about this year's goals, about her wish to succeed and about things less known to the public.

How do you feel after last year’s injury?
I have started to recover. Right now, I cannot say that I am as fit as I used to be before the injury. I still feel a slight discomfort in my leg. But, as a whole, it is going quite well.

How was the beginning of the year for you?
I think it was good enough. I participated in some major competitions, the World Cup in Sophia, the Grand Prix in Dusseldorf. I have succeeded some good results, but I still have a lot of work to do in order to reach my best potential.

How hard do you think it will be at the World Championships?
Very hard. Let’s not forget that this edition of the World Championships will take place in Japan, the very country of Judo.

What part of the practice do you emphasize most these days?
I have made ankle exercises, physical training and obviously, the kimono.

Do Japanese judoka remain your strongest adversaries?
The Japanese athletes are good in all categories. We are talking about their national sport. They are real fighters and victory-focused.

What would you define to be your main shortcoming when meeting them on the tatami?
The fact that they have started to know very well my combat style. It is hard to catch them. Plus, they have a lot of sparring partners. Almost 50. I only have a few. If I had more training partners, it would be much easier for me when competing.

What is your opinion on the rules changes that were introduced in Judo at an international level?
I used to work a lot on the low procedures, on the leg grips, which I had to let go. Now I must improve my high techniques. In a way, the new rules are in my favor, because most of my adversaries were trying to grab my legs. Now, after eliminating such procedures, they must find new solutions too.

You are training in the city of Cluj and your family is in Bucharest. There is a distance of a few hundred kilometers between the two cities. Is this distance from your beloved ones difficult to manage?
At the beginning, it was. It was difficult to get used to the idea that I am far from my family. But now, things have settled in this respect, too. I got used to the idea. I call my parents on the phone every single day.

Do you have a boyfriend?
Yes, I do. And I can say that we are getting along really well together.

What are your goals in private life?
First of all, I wish to be healthy. I would also like to buy a dog, because I suffered a lot after my dog died because of a cancer. I am very fond of dogs, which I personally consider very faithful to man.

You were in Canada, to visit your brother. How did you spend this vacation?
I had a lot of rest. I visited the most beautiful places in Canada, including Niagara Falls.

What are your goals in private life?
First of all, I wish to be healthy. I would also like to buy a dog, because I suffered a lot after my dog died because of a cancer. I am very fond of dogs, which I personally consider very faithful to man.

You are training in the city of Cluj and your family is in Bucharest. There is a distance of a few hundred kilometers between the two cities. Is this distance from your beloved ones difficult to manage?
At the beginning, it was. It was difficult to get used to the idea that I am far from my family. But now, things have settled in this respect, too. I got used to the idea. I call my parents on the phone every single day.

Reported by Radu Ionagelu
Technique
Uchi-Mata by Takashi ONO (JPN)

Uchimata is one of the original 40 judo throws that was developed by Prof. Jigoro Kano and classified as a foot technique (Ashi Waza). It is also included on the current list of Kodokan Judo's 67 throws. Although most throwing techniques have gone in and out of fashion, uchimata survived the changes in judo and remained at the top of the scoring table.

1. Why is Uchimata such a powerful technique?
I think because Uchimata uses one leg to break the balance of opponents.

2. Which is your special technique?
Seoinage and Uchimata

3. Against which judoka did you perform your best uchimata for Ippon in competition?
This year’s Grand Slam Paris Final against Dilshod Choriev (UZB).

4. Which is the most beautiful Uchimata you have seen in a competition?
The one performed by Kosei Inoue (JPN) in the final of Sydney Olympic Games 2000 against Nicholas Gill (CAN).

5. How do you practice for a perfect Uchimata?
I do not make any special training for improving my Uchimata. I have done a lot of Randori training in my whole life, so that my body starts attacking without even thinking.

Interview by Manuela Penna, IJF Media Director.

It appears to be a simple technique, but it is not so easy to understand the execution of uchimata unless it is practiced repeatedly during every training session. When an expert performs uchimata applying all the fundamentals of judo in unity it mostly ends in spectacular fashion, scoring Ippon! Judo exponents, having uchimata in their arsenal should consider the traditional and modern forms of the technique to throw opponents of all sizes.

Uchimata has been the “signature technique” of Kosei Inoue, arguably the best judoka of all times. The final against the Canadian, Nicholas Gill at the Sydney Olympics that he won with Ippon through uchimata, is widely recognized as the top throw ever performed. Inoue perfected uchimata against left and right hand opponents by changing his grip (Kumi-Kata) to dominate, setting them up for the “tsunami” from his judo “toolbox”.

The different variations of uchimata do not change the technique’s definition; uchimata stays uchimata as long as the leg goes up the middle to attack the inner-thigh. It is recommended that all judoka competing on international level, perfects at least one variation of uchimata to surprise their opponents when the right moment to apply it arrives.

Champions who list uchimata on their “technical menu” are generally respected and somehow do enjoy an advantage when stepping on the mat. It certainly does keep opponents on their toes. Every serious judoka should invest in an uchimata that suits them best, it will require hours of dedicated training but experimenting with the dynamics of this throw would eventually pave the way for success. The point of departure should be to analyze the technique of a champion who has mastered uchimata, before starting the journey to find a solution in perfecting your individual style of this great throw.

Uchimata has always been and will forever be “The Tsunami” of judo!

by André Christiaan Van Zyl
The World Ranking List
The 10 best judokas

**The Ranking**
The total of ranking points for each player will amount to the sum of his/her five highest point scores during each 12 month period: look back 12 months from today: five best results count 100% and look back 13-24 months, from there: five best points count 50%.

**Additional Rules**
If the athlete changes his/her nationality during the Olympic Qualification period, he/she will loose all the points in WRL and will start the Olympic Games Qualification with 0 points. In case of equality of total points, the higher ranking will be decided by:
- the highest sum of the current points from all World Championships
- the highest sum of the current points from all Grand Prix, Grand Slams and Masters
- the highest current points from one single event, then, if needed, the second highest, and so on
- If the competitors are still equal the decision will be taken by the IJF Executive Committee in case of Olympic Qualification.

### World Ranking List

<table>
<thead>
<tr>
<th>Weight Class</th>
<th>Athlete</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>-60 kg</td>
<td>JPN JUA HIRAOKE Hiroaki</td>
<td>1060</td>
</tr>
<tr>
<td>-66 kg</td>
<td>JPN JUA KISHII Kazuhiro</td>
<td>1094</td>
</tr>
<tr>
<td>-73 kg</td>
<td>JPN JUA YAMAMOTO Masahiro</td>
<td>634</td>
</tr>
<tr>
<td>-81 kg</td>
<td>JPN JUA KAMOJIMA Masahiro</td>
<td>630</td>
</tr>
<tr>
<td>-90 kg</td>
<td>JPN JUA TAKAHASHI Masahiro</td>
<td>610</td>
</tr>
<tr>
<td>-100 kg</td>
<td>JPN JUA NAGAMURA Takeshi</td>
<td>554</td>
</tr>
<tr>
<td>-110 kg</td>
<td>JPN JUA KITANO Masahiro</td>
<td>554</td>
</tr>
<tr>
<td>-120 kg</td>
<td>JPN JUA HIRAOKE Masahiro</td>
<td>554</td>
</tr>
<tr>
<td>-130 kg</td>
<td>JPN JUA YAMAMOTO Masahiro</td>
<td>634</td>
</tr>
<tr>
<td>-140 kg</td>
<td>JPN JUA KAMOJIMA Masahiro</td>
<td>630</td>
</tr>
<tr>
<td>-150 kg</td>
<td>JPN JUA TAKAHASHI Masahiro</td>
<td>610</td>
</tr>
<tr>
<td>-160 kg</td>
<td>JPN JUA NAGAMURA Takeshi</td>
<td>554</td>
</tr>
<tr>
<td>-170 kg</td>
<td>JPN JUA KITANO Masahiro</td>
<td>554</td>
</tr>
<tr>
<td>-180 kg</td>
<td>JPN JUA HIRAOKE Masahiro</td>
<td>554</td>
</tr>
<tr>
<td>-190 kg</td>
<td>JPN JUA YAMAMOTO Masahiro</td>
<td>634</td>
</tr>
<tr>
<td>-200 kg</td>
<td>JPN JUA KAMOJIMA Masahiro</td>
<td>630</td>
</tr>
<tr>
<td>-210 kg</td>
<td>JPN JUA TAKAHASHI Masahiro</td>
<td>610</td>
</tr>
<tr>
<td>-220 kg</td>
<td>JPN JUA NAGAMURA Takeshi</td>
<td>554</td>
</tr>
<tr>
<td>-230 kg</td>
<td>JPN JUA KITANO Masahiro</td>
<td>554</td>
</tr>
<tr>
<td>-240 kg</td>
<td>JPN JUA HIRAOKE Masahiro</td>
<td>554</td>
</tr>
</tbody>
</table>

*Note: The table above is a sample of the rankings, and the actual rankings may vary with time.*
I have not heard any complaints or negative reactions from coaches, officials and sports directors. I believe yes. During all my recent meetings to the new system?

2) Do you think the athletes/nations adapted well also to partners from the commercial sector.

Federations have a possibility to present their high level. And not less important, the National Institutions to evaluate their judoka inside the team enables National Federations and athletes already show themselves conformable with the system. A system, which was proved to be efficient both to identify the best judoka and to enable a great number of countries to show their qualities and feature in a good position in the list.

In the next lines, the IJF Head Sports Director, Mr. Vladimir Barta, evaluates the first year of the World Ranking List (WRL) and tells about his expectations for the coming seasons:

1) How do you evaluate these first 12 months of the WRL?

Nowadays it would be difficult to imagine the situation without WRL. Today we have over 1,700 athletes from more than 100 countries appearing in the WRL and I estimate 30% increase due to the fact that Olympic Qualifications started for the next two years. The WRL clearly indicates how many excellent judokas would have to stay at home in case we keep only one athlete per country per category in the World Championships. But first of all the WRL is the best system for the seeding of competitors in all events. It also offers us the possibility of many statistical considerations like the strength of certain countries or Continental Unions in specific weight categories, it allows us to identify and to present the best athletes worldwide and enables National Federations to evaluate their judoka inside the team in case there are two or more athletes at a very high level. And not less important, the National Federations have a possibility to present their stars through their actual position on the WRL to governmental sports authorities, NOC and also to partners from the commercial sector.

2) Do you think the athletes/nations adapted well to the new system?

I believe yes. During all my recent meetings with coaches, officials and sports directors I have not heard any complaints or negative reactions. The WRL is easy to follow not only for our judo family but also for media. There was certainly a transition period when the IJF sports sector listened to feedback from coaches and judo experts and we have modified some WRL conditions and details so it can serve the purpose best.

3) Did you expect to have such a universality of nations in the top positions?

No, I did not. We have more than 40 countries with one or more athletes in really top ranking positions among the best are still some strong countries 16 and there resting and waiting for the start of the Olympic Qualification. It shows the enormous number of Federations able to prepare judokas for the best results in IJF events including the Olympic Games.

4) From May on a new period starts, now with the points being valid to the Olympic qualification. Do you think there will be any changes from what we saw in the first year?

Sure. There will be more countries outside from Europe participating and reaching good progress in the WRL.

5) Do you think that competing Grand Slam, Grand Prix or World Cup at the home country or home continent is important for the athlete in the fight for points?

It is considered a natural advantage to compete at home, but fortunately the result of a fighter in judo depends much more on how good he/she is at home. More than individual advantage for host countries, spreading out the IJF events to new organizers and geographical territories brings new opportunities to many NF to compete for WRL points inside their continent, without frequent traveling overseas.

6) How do you evaluate the Masters in Korea?

It was really excellent job of Korean Judo Association and spectacular performance by all athletes. Anyhow, the approach of some Federations to the event was not fully professional. If a Federation cancels the participation in such a prestigious prize money event – for sure in some cases without consulting the athletes themselves – shows that their main focus is not always on the athlete, who had to work very hard to reach the top 16 in the WRL. We were exchanging opinion with many coaches and NF and I am convinced that IJF is developing a positive approach to the Masters as an exciting presentation of top judo stars.
I t was very impor-
tant to come back
to the principles
of judo to protect our
sport of being mixed
with other martial
arts and to let it keep
its essence. We wan-
ted also to ensure
as much as possible
that the referees take
the best decision
possible, in an atmosphere of fair play. It is
not easy to be a referee, a task that becomes
more and more complex. There is a huge pres-
sure on the judges. To win the world or Olym-
pic title is something with big consequences
and we cannot simply let it go. It is our duty
to correct and improve our sport permanently.
That was our aim when we started to think and
discuss these big changes. Refereeing cannot
be a draw.

The decision to have the video replay is so-
mething clearly on this way. The Care-Sys-
tem is there to support the referees and to
join them in their task, without replacing
them. The referees – especially the cen-
tral referee – are the highest authority in
the contest. The only thing is that, from
now on, they know there is one more
security device to ensure that they take
the right decision.

All along our way, we wanted to keep the true
spirit of combat and avoid strange elements
to come into the combat tactics. For example,
the entry of medical staff to the tatami was
frequently used as a tactic to cool down the
combat and this will change. And there is one
thing I need to say: during all the preliminary
discussions, and after, during the build up of
the new rules, the Refereeing Commission
has always had the full support of the Execu-
tive Committee of the International Judo
Federation. Without this precious support, I
am sure we wouldn’t be able to hold such a
“beautiful baby” in our hands today.

The years 2009 and 2010 will stay forever as a moment of great changes in the international judo rules. In fact, that is a true revolution taking place in our sport, especially in the last few months, and today is an important phase of consolidation for judoka all over the world. Mr. Juan Carlos Barcos, IJF Head Re-
terrening Director, talks about these new rules and explains the
reason why they were necessary.
The decision to prohibit the leg grabs – so- ring the IJF Congress.

show to the IJF Executive Committee, which
tested. From this point, we raise statistics to
also has representatives all over the world. All
present at all the international events, and
of Judo. The IJF Refereeing Commission is
to take these measures towards the evolution
questions regarding the process that enabled
It seems to me it is important to answer some
Olympic program.

have new sponsors and maintain judo in the
ched, in the same time it will enable us to
sport, keeping the passion alive and untou-
judogi. That's exactly how we see the present
nobody can think about judo without the blue
was no higher than 55%. In the same time,
even if judoka can be disqualified (hansoku-
ments are immediately informed and IJF also
all over the world.

It seems to me it is important to answer some
questions regarding the process that enabled
to take these measures towards the evolution of
Judo. The IJF Refereeing Commission is present
at all the international events, and also has representatives all over the world.
All propositions were made after our experiences and careful observation. These propositions go then into a detailed protocol, which is valida-
ted or not. Every proposition is studied and
tested. From this point, we raise statistics to
show to the IJF Executive Committee, which
then approves the measures or not. The last
stage is to have an official validation then, du-
ing the IJF Congress.

The decision to prohibit the leg grabs – so-
thing that was ma-
lung Judo pretty much similar to wrestling –
has just followed the mentioned process and
today statistics are there to prove we have ta-
ken the best direction. During the six or seven
top level competitions in 2010, we saw over
75% of the combats ending with either ippon
or waza-ari, while in 2009 this percentage
was no higher than 55%. In the same time,
even if judoka can be disqualified (hansoku-
make) for direct touching the opponent's legs, this number of penalties has not risen.
Of course, we are aware that all these changes
need to be linked to a deep change of men-
tality of all people involved with Judo, espe-
cially coaches, athletes and referees. That's
why since the very beginning of this process, we had settled another important phase: the one
concerning information and pedagogy. All
decisions taken are transformed into written
information, in sketches and also in Educa-
tional and Coaching DVDs. All National Fede-
rations are immediately informed and IJF also
organizes Refereeing and Coaches Seminars
all over the world.

Judo is a universal sport and it is our duty
to ensure the optimal level of refereeing. Our
task is not finished yet and undoubtedly it will
never come to an end, as Judo is very alive.
The truth is, and everybody should believe it:
we work hard to offer you a clean, clear and
attractive sport for the passionate judo lovers
from yesterday, today and tomorrow” •
Nicolas Messner, IJF Media Director

With two Olympic gold medals (Los
Angeles 1984, Seoul 1988) - he has come the first judokas in his-
tory to retain his title during two
Olympics, in the same weight ca-
tegory, allova) and a gold medal at the
World Cham-
pionship (Seoul 1985) around his neck, the Aus-
trian champion, Peter Sei-
senbacher, now retired from com-
petition, has really something to say
to talking about judo. On the oc-
casion of the last Grand Slam tourna-
ment in Paris 2010, he
regarded to our questions about
recent changes to the refereeing
rules which occur-red in the judo
world.

Interview
It was vital to change

Peter Seisenbacher

With two Olympic gold medals (Los
Angeles 1984, Seoul 1988) - he has come the first judokas in his-
tory to retain his title during two
Olympics, in the same weight ca-
tegory, allova) and a gold medal at the
World Cham-
pionship (Seoul 1985) around his neck, the Aus-
trian champion, Peter Sei-
senbacher, now retired from com-
petition, has really something to say
to talking about judo. On the oc-
casion of the last Grand Slam tourna-
ment in Paris 2010, he
regarded to our questions about
recent changes to the refereeing
rules which occur-red in the judo
world.

IHF: Firstly, why did you agree to answer our ques-
tions today, as the judo is rapidly changing with the new refereeing rules that have been in-
vented?

Peter Seisenbacher: The answer is included in the
question. Precisely, because judo is cur-
rently evolving in leaps and bounds, it is neces-
ary to keep up and explain why it is so vital to
change the modern judo, I think that we really
have now to work for a better understanding of
this development.

IHF: What is precisely your opinion on those new rules?

PS: I just think they were necessary and implicitly
long awaited. For sure, it is like a small resolution in
our judo world and the mentality still need to
evolve and to adapt to those new rules that are
transforming the habits. But when I observe the
judoka that is practiced here, in Paris or where-
ever, I believe that the number of ippons and the
quality of the fights are sufficient to convince
even the most reluctant to change.

IHF: Can we say that, you agree with what you see?

Yes, definitely! Even if I think that the “job is not
finished”, it is not only a matter of changes,
because we must be sure that people do un-
derstand what thosepeat and repeat again, like
at training. It is necessary, that every judoka un-
derstands why those modifications were
made, why this will be to the benefit of judo
and why people don’t have to be afraid of those
changes. What was done by President Marius
Vizer and his team is courageous and must be
sustained because when I say that the “job is not
finished”, I meant that we now need to en-
ter into a pedagogic era. If not, all the work
done so far will remain unfinished. Champions,
like I had the chance to be, have something to
talk. We have the experience, and countries, na-
tional federations and of course judokas from all
over the world are listening to us.

PS: So, because of your fantastic champion ca-
erie, can you go deeper into the details? What did real-
ly change on a technical basis with the new rules?

IHF: So, because of your fantastic champion ca-
erie, can you go deeper into the details? What did real-
ly change on a technical basis with the new rules?

PS: it is important to underline that we are not
only talking about refere-
neering rules. The changes
are more important than that, it is, to my opinion,
simply a me back to the es-
cence of judo itself and to what judo
should be. We needed to re-discover our roots and the
changes that have been implemented in the
refereeing are only a tool.

An important tool, I admit, but a tool. We must
explain, explain again that the changes are not
just a fad or a whim, but exactly the contrary.
They are a fantastic opportunity to come back
to our origins. It is a strange paradox, that to
waited, expected and vital.

PS: it is important to underline that we are not
only talking about refere-
neering rules. The changes
are more important than that, it is, to my opinion,
simply a me back to the es-
cence of judo itself and to what judo
should be. We needed to re-discover our roots and the
changes that have been implemented in the
refereeing are only a tool.

An important tool, I admit, but a tool. We must
explain, explain again that the changes are not
just a fad or a whim, but exactly the contrary.
They are a fantastic opportunity to come back
to our origins. It is a strange paradox, that to
waited, expected and vital.

An important tool, I admit, but a tool. We must
explain, explain again that the changes are not
just a fad or a whim, but exactly the contrary.
They are a fantastic opportunity to come back
to our origins. It is a strange paradox, that to
waited, expected and vital.

Peter Seisenbacher: The answer is included in the
question. Precisely, because judo is cur-
rently evolving in leaps and bounds, it is neces-
ary to keep up and explain why it is so vital to
change the modern judo, I think that we really
have now to work for a better understanding of
this development.

IHF: What is precisely your opinion on those new rules?

PS: I just think they were necessary and implicitly
long awaited. For sure, it is like a small resolution in
our judo world and the mentality still need to
evolve and to adapt to those new rules that are
transforming the habits. But when I observe the
judoka that is practiced here, in Paris or where-
ever, I believe that the number of ippons and the
quality of the fights are sufficient to convince
even the most reluctant to change.

IHF: Can we say that, you agree with what you see?

Yes, definitely! Even if I think that the “job is not
finished”, it is not only a matter of changes,
because we must be sure that people do un-
derstand what thosepeat and repeat again, like
at training. It is necessary, that every judoka un-
derstands why those modifications were
made, why this will be to the benefit of judo
and why people don’t have to be afraid of those
changes. What was done by President Marius
Vizer and his team is courageous and must be
sustained because when I say that the “job is not
finished”, I meant that we now need to en-
ter into a pedagogic era. If not, all the work
done so far will remain unfinished. Champions,
I don't consider that as an impediment to the development. Today, in those tournament, there is not any more repechages. But just remeber that to become third by going through the repechage, it was already necessary to fight one time more than the winner for instance. The ranking list and the seeded procedure will reduce the fights were judokas from the same country are fighting during the preliminaries. You see, the reasons to believe that it is a good proposition to offer two places per country and per weight category, are numerous. If I take the example of my own country, Austria, how many judokas did stop competing just because a better judoka was in ? With such a system, we will have more resources and chances to have medals.

I will end by explaining that increasing the number of qualified judoka per country, will allow to widen the competitor base and the consequence of that will be to be able to supply the Judo world Circuit with more top level judokas.

IJF: We definitely understand that you are convinced by the last changes. Would you have loved to live those changes, while you were competitor?

PS: Without any doubt: YES! I could even dream of being again a competitor. No, just kidding. I'm not a competitor any more. As I said, I had the chance to have a fantastic sports career. Today, I believe that judo needed to change and to grow, it needed also to rediscover its roots and to go back to its origins without going backwards. That is difficult but we need to go forward, forward and convince again and again. For that, we must teach. That's what judo is all about: to teach, I feel good in doing that and that's why I strongly support what IJF does.

IJF: Thanks!

PS: Thanks to you and to beautiful judo! • Interview by Nicolas Messner, IJF Media Director

First of all, in most of the international tournaments (i.e. Grand Slams, Grand Prix, World Cup) it is already the case. It is allowed to have more that one fighter of a country per weight category. So, why, shouldn't we do the same during the world championships?

Then, I think that having only one judoka per country narrows the technical potential of the weight category. To have the best players, only one judoka is not enough.

From the competitor point of view, going from 32 to 64 fighters doesn't make a big change, only one more fight during a competition day.

IJF: Nevertheless, changes scare?

PS: Oh, yes, that's for sure and it's logic. Who is not scared by changes ? Isn't it more convenient, more agreeable, more secure to live within perfectly stable standards ? I repeat, changes scare, but we must not be scared by changes. Today, the new rules are accepted. They must not be explained, always put this job on the book, some people complain, bitch, gripe? It's normal but you will see that the results, the sta tistics and the show will erase that impression.

IJF: There is an other point that is debated today. It is the number of qualified judokas per country for the World Judo Championships. What do you think of that, who you had not the possibility to have two judokas of the same country participating at that level of competition?

First of all, in most of the international tournaments (i.e. Grand Slams, Grand Prix, World Cup) it is already the case. It is allowed to offer more than one place per country and per weight category. That is important to say, that I as said previously, it goes in the right direction to make the judo becoming a more popular sport. That particular point is not only about the refereeing rules. We are speaking here about statutory provision and I'm goin tell you directly. I agree with the two people from the same country that are qualified at the World Judo Championship.

IJF: Yes, why do you agree with this rules which is difficult to understand for some people?

PS: We have already said that change scares, but that we must not be afraid of change. Let me try to explain why I believe in that new rule.
The objectives for training stated by the founder of judo, Jigoro Kano, are:

1. Each individual should strengthen his/her body, develop intellect and morality, and cultivate attributes beneficial to society.
2. Citizens should respect society and seek to assist in bolstering national property.
3. Individuals and organizations must make efforts to cooperate with each other and ensure that harmonious relations are maintained in society.
4. With regards to international community, racial prejudices should be cast away, and cultural advancement so that all people can live and prosper together.

Those statements are the philosophical and value based fundamentals of IJF for peace program.

The founder of judo further more stated the objectives stated for training by Jigoro Kano. The Judo for Peace program where established and the objectives stated for training by Jigoro Kano. The Judo for Peace program where established to take care of IJF's responsibility to ensure that:

- For the benefit of the whole world, racial discrimination must be purged and efforts will be made to progress culture, enabling people to live together peacefully in mutual prosperity.
- People will be encouraged to respect human rights and Judo training and educational principals.
- Human right and Judo training and educational principals.
- These statements underline the judo player’s responsibility to support development of a just society. The interpretation of "harmonious relationships" in the modern language way of expression is defined by the Universal Human Rights. The four objectives for training and development of judo training are directly linked to the Universal Human Rights. The four objectives for training and development of judo training as follows:

1. To encourage individuals to train their bodies to be strong and healthy, and to teach moral principles, thus encouraging trainees to be excellent contributors to society.
2. People will be encouraged to respect fundamental character and history of the nation, and strive to make necessary improvements for the sake of its prosperity.
3. For the benefit of the whole world, racial discrimination must be purged and efforts will be made to progress culture, enabling people to live together peacefully in mutual prosperity.
4. For the benefit of the whole world, racial discrimination must be purged and efforts will be made to progress culture, enabling people to live together peacefully in mutual prosperity.

The Social dimension

The four objectives for training are:

1. To encourage individuals to train their bodies to be strong and healthy, and to teach moral principles, thus encouraging trainees to be excellent contributors to society.
2. People will be encouraged to respect fundamental character and history of the nation, and strive to make necessary improvements for the sake of its prosperity.
3. For the benefit of the whole world, racial discrimination must be purged and efforts will be made to progress culture, enabling people to live together peacefully in mutual prosperity.
4. For the benefit of the whole world, racial discrimination must be purged and efforts will be made to progress culture, enabling people to live together peacefully in mutual prosperity.

The International Judo Federations feel great responsibility that the organization and all member federations and judo players follow up the objectives stated for training by Jigoro Kano. The Judo for Peace program where established to take care of IJF's responsibility to ensure that:

- Efforts to cooperate with each other and ensure that harmonious relations are maintained in society.
- Racial prejudices should be cast away, and cultural advancement so that all people can live and prosper together.

The Social dimension of judo can be practice in the local society, in communities that need special support or in a foreign country that need support in building just society.

Framework for JFP activities

Human rights are rights inherent to all human beings, whatever our nationality, place of residence, sex, national or ethnic origin, colour, religion, language, or any other status. We are all equally entitled to our human rights without discrimination. These rights are all interrelated, interdependent and indivisible. All human rights are indivisible, whether they are civil and political rights, such as the right to life, equality before the law and freedom of expression; economic, social and cultural rights, such as the rights to work, social security and education, or collective rights, such as the rights to development and self-determination, are interrelated, interdependent and indivisible. This improvement of one right facilitates advancement of the others. Likewise, the deprivation of one right adversely affects the others.

Guiding principal for all JFP activities

All program, events and activities shall be carried out based on the listed requirements:

- Equality for sex, race and social position.
- All activities shall be carried out in accordance with local customs.
- Conflict is solved by the principal of positive conflict resolution.
- All involved parts in the conflict shall be part of a program and involved in equal fundamental.
- All involved parts must be positive to the resolution or social aims for a program.
- Fundament for all activities shall be based on the philosophical fundament for the Judo for Peace program.
- Cross-cultural understanding
- Non political
- Un religious
- Project aimed at social engagement must show respect for all kind of family, social, political, religious and educational background.
- Programs and activities shall have a long term consideration in all aspects.

The International Judo Federations feel great responsibility that the organization and all member federations and judo players follow up the objectives stated for training by Jigoro Kano. The Judo for Peace program where established to take care of IJF's responsibility to ensure that:

- Efforts to cooperate with each other and ensure that harmonious relations are maintained in society.
- Racial prejudices should be cast away, and cultural advancement so that all people can live and prosper together.

The Social dimension of judo can be practice in the local society, in communities that need special support or in a foreign country that need support in building just society.

Framework for JFP activities

Human rights are rights inherent to all human beings, whatever our nationality, place of residence, sex, national or ethnic origin, colour, religion, language, or any other status. We are all equally entitled to our human rights without discrimination. These rights are all interrelated, interdependent and indivisible. All human rights are indivisible, whether they are civil and political rights, such as the right to life, equality before the law and freedom of expression; economic, social and cultural rights, such as the rights to work, social security and education, or collective rights, such as the rights to development and self-determination, are interrelated, interdependent and indivisible. This improvement of one right facilitates advancement of the others. Likewise, the deprivation of one right adversely affects the others.
IJF Judo for Peace Commission, who made a

The first JFV Judo for Peace, course instructor ever organized by the IJF was held in Bujumbura, Burundi, in October 2010. During Judo for Peace 2010, Mr. Mukesh KUMAR, Secretary General of the Indian Judo Federation was selected in early April. Two-time Haiti Olympian, Joel Brutus, gave the IJF his support. In March, there was time for regional and national championships, with the Durant of the IJF for Peace, the second edition of the Pan Am Cup was in held in Port-au-Prince. In addition, there for Haiti judo. "The Haitian Judo Federation, the Haiti Judo Federation has sent to the In-
Some things don’t pay interest in cash...

With the support of OTP Bank

OTP Bank – Hungary’s leading financial institution – is also a key player in Central and Eastern Europe due to its subsidiaries within the region. In line with this role, OTP puts more and more emphasis on supporting regional initiatives like European and world championships organized by the International Judo Federation.

As a sponsor of the championships, OTP Bank has great pleasure in encouraging you to attend many of these highly praised sports events again this year. Furthermore OTP is proud to contribute to promoting this sport of stamina, concentration and precision that is increasingly popular in Hungary, both locally and internationally.

www.otpbank.hu
World Cups

Altogether, the World Cups bring into action around 4000 judokas from all continents in a true expression of the Judo Sport. The World Cups enable judo developing countries like Samoa, in Oceania, to host an IJF event, along with traditional places like Korea and Great Britain, home of the next Olympic Games 2012.

In 2009, Samoa received the world of judo just after the tsunami, which devastated part of the island. Nevertheless, 103 judoka from 13 nations from all five continents were welcomed in the country, including some Olympic and World medalists. The event was also used as a tool to support the victims of the tsunami.

This year it is time for Cairo to come back to the judo scene after hosting the World Junior Championships 1994 and World Senior Championships 2005. The African country, which is proud to have Olympic and World medalists in their lineup, will be the perfect place also for other African nations to perform near their home crowd and score important points in the World Ranking List.

Pan-America will have no less than four World Cups (and one Grand Slam): Sao Paolo/ERA, Isla Margarita/VEN, Miami/USA and Colombia will receive the judoka for some days of nice contests. The continent’s biggest stars are to be seen on the mat, same expectations existing for Asia, with World Cups in Kazakhstan, Uzbekistan, Mongolia and Korea (not to mention Grand Prix in China, in the Emirates and the Grand Slam in Japan).

From what was seen in the first World Cups of the year (Bulgaria, Georgia, Austria, Hungary, Czech Republic and Poland), there is a lot of excitement and good judo awaiting in the coming events, all sharing important points for the Olympic Qualification. These events alone had an attendance of 1200 judoka, with an over 60% ippon rate, which is quite impressive once they were the first tournaments to experience the new IJF rules: 65% in Tbilisi, with 84 out of 130 fights ending with the highest score, highest rate in the male tournament; and Budapest featuring 62% of ippon (134 of 217 fights finishing with the perfect technique), the highest in the female categories.

Manoela Penna, IJF Media Director
Four personalities to promote our sport

For several months, IJF has decided to honor these prominent people, but furthermore to nominate them as IJF Judo Ambassadors. Who doesn’t remember the great successes obtained by the Belgian Judoka, Robert Van De Walle, who was the Olympic Gold Medallist in Moscow in 1980, and several times world medallist? Maybe you are less familiar with Vasily Anisimov or Nicolas Bogdan Buzaianu, even if they are examples in their own field of activity. Beyond Judoc borders, who doesn’t remember both the good spirit and the impressive professionalism of Ilie Nastase throughout the world tennis courts? We have asked Mister Ilie Nastase why and how he became one of the four IJF Judo Ambassadors in order for you to better understand what a great Champion like him can bring to our sport. In the next editions of our magazine, we will meet up with the other IJF Judo Ambassadors.

IJF: Mr. Nastase, how does it feel to be an IJF Judo Ambassador and what does it mean for you?

Ilie Nastase: When Marius Vizer, the IJF President, offered to me, a long time ago, to become a Judo Ambassador, I was simply honored. You know, of course my sport was tennis, but I must confess that I like all kind of sports and to be recognized as an ambassador, even many years after the end of my career, is just great.

IJF: What can you do to help the International Judo family and what would you like to do?

IN: Actually, I have been living in a sports environment for many years. I have the weakness to believe that I know what sport means. That’s how I can help, by sharing my experience. As I am retired now, I have a little bit more time and I will come as often as possible to attend the Judo events. The IJF has a very dynamic president, who I have known for a long time, and who has a true idea of what Judo should be, can be and will be. I can help him, in any way, I will do it.

IJF: You have already attended several times the Grand Slam in Paris. What do you like the most about it? Do you remember something special about that great event?

IN: I have already been to Moscow, to Paris of course and to Monaco to watch judo competitions. I do like to come, to sit down and enjoy the show. But Paris is special, you know, and the last edition of the Grand Slam was really impressive in terms of spectators. I remember, when I entered the Bercey Stadium, I was simply impressed to see that the venue was so full, even early in the morning. I must admit that I have never seen that during a Tennis grand slam (laughs).

IJF: Speaking about Tennis, what similarities can you draw between tennis and judo? What can Tennis learn from Judo and Judo learn from Tennis?

IN: There is no similarity, generally speaking. They are two different sports. The only thing that I would like to say, is that when passion is there, when desire is there, everything is possible - all sports have passion and desire in common. Today I am happy to help the Judo family by putting my name beside your wonderful sport and all I can do, I will. Trust me •

Interview by Nicolas Messner, IJF Media Director

They are all great names. Some of them were known worldwide for their extraordinary performances, others performed in the business area. What they all have in common is their fantastic passion for sport dedicated to a certain idea of human beings.
IJF Olympic Training Center in Mongolia

Coaches Course in Burkina Faso

The Judo Federation of Burkina Faso invited 37 coaches from its different affiliated clubs to take part to an Olympic Solidarity Course organized in the city of Ouagadougou from 26th February to 6th March 2010. The coaching course was conducted by Mohamed Bouhedou, an IJF expert from Algeria, who was quite amazed by the great enthusiasm and motivation of the participants. Many areas of concern in regards of theoretical and practical aspects of judo were handled. The new IJF referee rules were also part of the teaching program. The organizers, supported by its NOC, provided all requested assistance and conditions to meet the requirements and standards of a successful coaching session. The Federation wrote to IJF to emphasize their deep satisfaction with the expertise put forth during this coaching program and expressed their wishes to host a second training activity in order to develop and improve their knowledge and skills.

Development in Mongolia

IJF President, Mr. Marius Vizer, accompanied by IJF Ambassador Mr. Nicolas Bogdan Buzinu, undertook an official visit to Mongolia. In the agenda there was a meeting with the country’s president Mr. Tsakhiagiyn Elbegdorj, with whom was discussed subjects related to the development of judo in Mongolia and in the region. Mr. Vizer also met the president of the Mongolian Judo Federation, Mr. Khaltmaa Guimaraes, 1996 bronze medalist. “I want that wearing this judogi simbolizes our partnership with judo for a long time”, said the Sao Paulo Major.

The President of the Brazilian Judo Federation said that bringing the World Cup to Sao Paulo for the first time (after Belo Horizonte in 2009) is a way of “pay the debt” with the city. “Brazilian Judo owes a lot to Sao Paulo, a city that always contributed with our sport,” said Mr. Teixeira. For Mr. Nuzman, President of the BOC, the Rio de Janeiro 2016 Olympic Games have a lot to win with the judo events in Sao Paulo. “For our hopes to have great games in Rio 2016, host events like the World Cup and may want is a clean judo”, Mr. Barcos said, adding that Brazil and Japan are examples to be followed. “This two nations are not only technically strong but they observe all the aspects of our sport: step in the tatami, the bow, the respect to the rules and referees, the approach to victory and defeat”, he adds.

IJF President officially launches WC Sao Paulo

The IJF President, Mr. Marius Vizer, just came back from Sao Paulo, the biggest and healthiest Brazilian city, where he officially launched the World Cup 2010, to take place in May 29-30. The ceremony took place at the Major’s auditorium, in the presence of the Major Gilberto Kassab, the President of the Brazilian Olympic Committee, Mr. Carlos Arthur Nuzman, the President of the Brazilian Judo Federation, Mr. Paulo Wanderley Teixeira, and other authorities. Sao Paulo is the “birthplace” of Brazilian Judo, where not less than 13 of the country’s 15 Olympic medals came from. The city will host for the first time an IJF official event.

“I would like to congratulate the Brazilian Judo for all it has been doing. The World Cup in Sao Paulo is one of the most prestigious events in the international calendar and, who knows, we might have the pleasure to come back to the city to see the World Championships here in 2013”, said Mr. Vizer, who presented Major Kassab and the Olympic Committee President with the IJF gold plate to thank their support to the judo sport. Mr. Kassab also received an official judogi from the hand of Henrique Guimaraes, 1996 bronze medalist. “I want that wearing this judogi simbolizes our partnership with judo for a long time”, said the Sao Paulo Major.

The President of the Brazilian Judo Federation said that bringing the World Cup to Sao Paulo for the first time (after Belo Horizonte in 2009) is a way of “pay the debt” with the city. “Brazilian Judo owes a lot to Sao Paulo, a city that always contributed with our sport”, said Mr. Teixeira. For Mr. Nuzman, President of the BOC, the Rio de Janeiro 2016 Olympic Games have a lot to win with the judo events in Sao Paulo. “For our hopes to have great games in Rio 2016, host events like the World Cup and may want is a clean judo”, Mr. Barcos said, adding that Brazil and Japan are examples to be followed. “This two nations are not only technically strong but they observe all the aspects of our sport: step in the tatami, the bow, the respect to the rules and referees, the approach to victory and defeat”, he adds.

Passing Away

IJF sadly remembers the passing away of two great judo family members: Ms. Rena "Rusty" Kanokogi and Mr. Arthur J. Mooshed. Aged 74, Ms. Kanokogi was one of the pioneers of women judo, and therefore was worldwide known as "the mother of judo". Former president of the Australian Judo Federation, Mr. Mooshed had a tremendous contribution to the development of judo in Australia and Oceania. May they rest in peace!

Green Hill announced as Master Supplier

The International Judo Federation announced its Master Supplier, Mr. Jahangir Riaz, MD of Green Hill Corp, was presented by IJF president, Mr. Marius Vizer, during the Paris Grand Slam.

Special Guest

During the last European Senior Championship, in Vienna, Vladimir Putin, Russian Prime Minister and well known judoka, was present at the event. "...Balance, tradition and dynamic. Wien is gentle and dynamic and this is philosophy of Judo, Balance, Traditions, respect for law, for sense, for your opponents, Wien wanna see the best of Judoka tomorrow and may the best of Judokas win..." noticed Mr. Putin.

IJF News Stay tuned
IJF Results

World Cups

-60 kg
1. HE, Yunlong   CHN
2. BROOKHORST, Lee NZL
3. D. AQUINO, Matthew AUS
3. DICKINS, Arnie AUS
5. DA SILVA, Kevin AUS
5. SUZUKI, Toshio SAM
7. GRAY, Nicholas NZL
7. LOMO, Tony SOL

-60 kg
1. MO, Qinqin   CHN
2. POIZELLET, Eloise NCL
3. ROBERTSON, Helen NZL
3. MILOUS, Sofiane FRA
5. FONG, Jacky AUS
5. MEYER, Amy AUS
7.  

-52 kg
1. LAVRENTIEV, Denis RUS
2. OTTAWIANI, Julien CAN
3. MILLAR, James GBR
3. MILOUS, Sofiane FRA
5. ABDOULVAJEEV, Murad RUS
5. KITADAI, Fatice BRA
7. ANDREOLI, Fabio ITA
7. DEMEL, Spijerd NED

-48 kg
1. HE, Cancan   CHN
2. MULLER, Maria LUX
3. CHERVONSKY, Sonya AUS
3. MSHMEDOVIK, Sasha CAN
5. OATES, Colin GBR
5. WASER, Damien ITA
7. CAROEN, Alexandre FRA
7. DE JONG, Jasper NED

-66 kg
1. GADANOV, Alim RUS
2. LI, Yang   CHN
3. BENOT, Joel CAN
3. BROWN, Steven AUS
5. GRAVIER, Nicolas NCL
5. KIRBY, Kurt NZL
7. COOK, Joshua AUS
7. OVINOU, Raymond PNG

-66 kg
1. GADANOV, Alim RUS
2. LI, Yang   CHN
3. CHERVONSKY, Sonya AUS
3. BROWN, Steven AUS
5. GRAVIER, Nicolas NCL
5. KIRBY, Kurt NZL
7. COOK, Joshua AUS
7. OVINOU, Raymond PNG

-73 kg
1. NARTEY, Emmanuel GHA
2. ZENG, Qingdong CHN
3. ELDRED, Michael USA
3. ISAEV, Mansur RUS
5. AUBIN-MERCIER, Olivier CAN
5. CALDER, Lee NZL
7. CHOI, Sean NZL
7. LEAT, Adrian NZL

-73 kg
1. NARTEY, Emmanuel GHA
2. ZENG, Qingdong CHN
3. ELDRED, Michael USA
3. ISAEV, Mansur RUS
5. AUBIN-MERCIER, Olivier CAN
5. CALDER, Lee NZL
7. CHOI, Sean NZL
7. LEAT, Adrian NZL

-81 kg
1. PERRAULT, Guillaume CAN
2. CANTO, Flavio BRA
3. IVESON, Brent AUS
3. SVEC, idar CZE
5. CALDER, Lee NZL
5. CAN, Mickael NZL
7. LEAR, Adrian NZL

-81 kg
1. PERRAULT, Guillaume CAN
2. CANTO, Flavio BRA
3. IVESON, Brent AUS
3. SVEC, idar CZE
5. CALDER, Lee NZL
5. CAN, Mickael NZL
7. LEAR, Adrian NZL

-90 kg
1. ANTHONY, Mark AUS
2. BURN, Colum NZL
3. BROMAN, Jonathan NZL
3. RASOSIKOSIO, Sivriila FJI
5. PAULING, Ian NZL
5. PAULING, Ian NZL
5. CAN, Mickael NZL
7. STOWERS, Frank SAM

-90 kg
1. ANTHONY, Mark AUS
2. BURN, Colum NZL
3. BROMAN, Jonathan NZL
3. RASOSIKOSIO, Sivriila FJI
5. PAULING, Ian NZL
5. PAULING, Ian NZL
5. CAN, Mickael NZL
7. STOWERS, Frank SAM

-100 kg
1. LEITE, Leonardo BRA
2. YUN, Jolinig CHN
3. DIXON, Joshua NZL
3. RASOSIKOSIO, Sivriila FJI
5. PAULING, Ian NZL
5. PAULING, Ian NZL
5. CAN, Mickael NZL
7.  

-100 kg
1. LEITE, Leonardo BRA
2. YUN, Jolinig CHN
3. DIXON, Joshua NZL
3. RASOSIKOSIO, Sivriila FJI
5. PAULING, Ian NZL
5. PAULING, Ian NZL
5. CAN, Mickael NZL
7.  

-118 kg
1. VERSCHUEREN, Srulie BEL
2. DE RASKOSKI, Sivriila FJI
3. KOWALSKA, Anna-Maria POL
3. MENTSHEG, Andry FRA
5. RAVI, Sivriila FJI
5. RAVI, Sivriila FJI
5. CAN, Mickael NZL
7.  

-118 kg
1. VERSCHUEREN, Srulie BEL
2. DE RASKOSKI, Sivriila FJI
3. KOWALSKA, Anna-Maria POL
3. MENTSHEG, Andry FRA
5. RAVI, Sivriila FJI
5. RAVI, Sivriila FJI
5. CAN, Mickael NZL
7.  

-126 kg
1. GUTCHAPSH, Samir RUS
2. PFEIFFER, Dino GER
3. MEEUWSE, Danny NED
3. DELAHAY, Joe GBR
5. SCHLITTLER, Joao Gabriel BRA
5. SHERRINGTON, Chris GBR
7.  

-126 kg
1. GUTCHAPSH, Samir RUS
2. PFEIFFER, Dino GER
3. MEEUWSE, Danny NED
3. DELAHAY, Joe GBR
5. SCHLITTLER, Joao Gabriel BRA
5. SHERRINGTON, Chris GBR
7.  

-138 kg
1. PHILLIPS, Jason AUS
2. BRADBURY, Stacey AUS
3. FRANKCOMBE, Terry AUS
3. TAKAHAMA, Nacarile FJI
5. BICK, Adam GBR
5. KENEVE, Didier BEL
7.  

-138 kg
1. PHILLIPS, Jason AUS
2. BRADBURY, Stacey AUS
3. FRANKCOMBE, Terry AUS
3. TAKAHAMA, Nacarile FJI
5. BICK, Adam GBR
5. KENEVE, Didier BEL
7.  

-150 kg
1. ANDREWAITHA, Jak AUS
2. PHILIPS, Jason AUS
3. FRANKCOMBE, Terry AUS
3. TAKAHAMA, Nacarile FJI
5. BICK, Adam GBR
5. KENEVE, Didier BEL
7.  

-150 kg
1. ANDREWAITHA, Jak AUS
2. PHILIPS, Jason AUS
3. FRANKCOMBE, Terry AUS
3. TAKAHAMA, Nacarile FJI
5. BICK, Adam GBR
5. KENEVE, Didier BEL
7.  

-162 kg
1. LAWRENS, Denis RUS
2. OTTAWIANI, Julien CAN
3. MILLAR, James GBR
3. MILOUS, Sofiane FRA
5. ABDOULVAJEEV, Murad RUS
5. KITADAI, Fatice BRA
7. ANDREOLI, Fabio ITA
7. DEMEL, Spijerd NED

-162 kg
1. LAWRENS, Denis RUS
2. OTTAWIANI, Julien CAN
3. MILLAR, James GBR
3. MILOUS, Sofiane FRA
5. ABDOULVAJEEV, Murad RUS
5. KITADAI, Fatice BRA
7. ANDREOLI, Fabio ITA
7. DEMEL, Spijerd NED

-180 kg
1. SHEPHERD, Janelle AUS
2. SINNOD, Thomas CAN
3. PROKIN, Surajye RUS
3. VERDU, Luke NLD
5. SCHLITTLER, Joao Gabriel BRA
5. SHERRINGTON, Chris GBR
7. CLEMPNER, Mathew GBR
7. DELAHAY, Joe GBR

-180 kg
1. SHEPHERD, Janelle AUS
2. SINNOD, Thomas CAN
3. PROKIN, Surajye RUS
3. VERDU, Luke NLD
5. SCHLITTLER, Joao Gabriel BRA
5. SHERRINGTON, Chris GBR
7. CLEMPNER, Mathew GBR
7. DELAHAY, Joe GBR